

Member guide

Personalized support and virtual care—all in one place

You've got Included Health for help with all your healthcare needs.



For everything from answers to insurance questions to online therapy, Included Health connects you and your dependents with highquality care.

See a doctor 24/7 for urgent care from anywhere.

Who can use Included Health?

Included Health is available to all eligible employees and their covered dependents enrolled in a medical plan with OneOncology.

How much does a virtual visit cost?

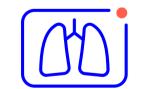
Virtual visit copays vary by plan. Log in to the app to see how much it will cost.



See a high-quality therapist or psychiatrist from wherever you're comfortable.



Get urgent care in as little as five minutes with 24/7/365 access to experienced providers.



Get a second opinion from a top specialist and a custom care plan for your health needs.



Access all your insurance info all in one place. You can even track your deductible.

How do I get started?

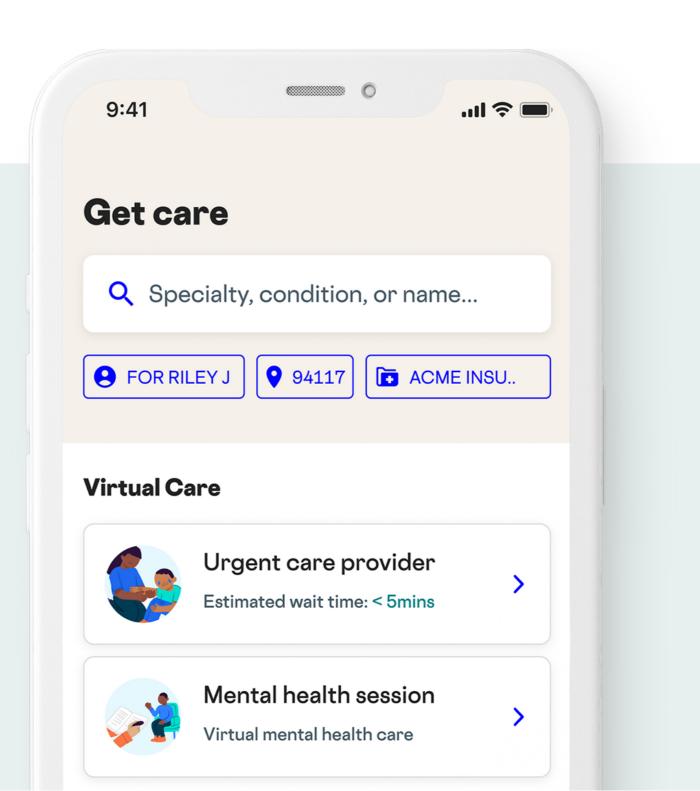
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- Download the Included Health app.
- Activate or log in to your account.
- **3** Get the care you need.

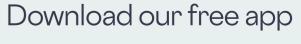
Get started.

includedhealth.com/oneoncology

1-855-431-5548

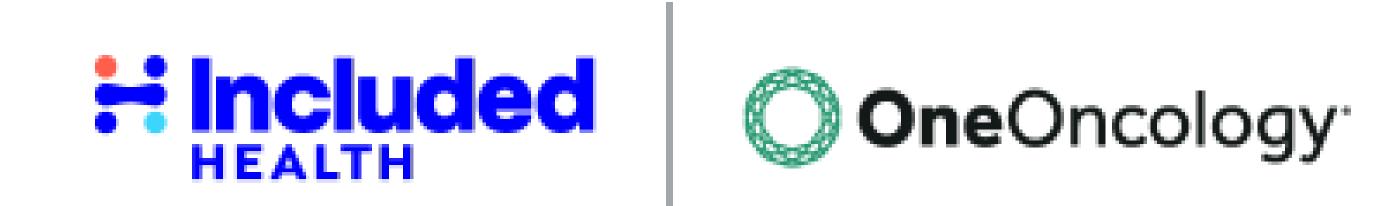












Frequently Asked Questions

How can Included Health help?

Need to see a doctor now?

See a doctor virtually and get treatment for over 90% of common ER issues, including coughs and colds, UTIs, and rashes. You can even get a prescription refilled.

Looking for high-quality mental health care?

Connect to a therapist or psychiatrist right from your phone. Explore our top-rated network of mental health professionals to find the right fit for you or a dependent.

Want confidence in your care?

Get a free expert second opinion from a leading expert for your condition without any extra appointments, bills, or exams.

Confused by a medical bill or charge?

Get help understanding your bills and explanations of benefits (EOBs). We can even review bills for errors to make sure you were not incorrectly charged.

Want to know what you can expect to pay?

Search right in the app to compare costs between doctors, facilities, and testing locations. You can also reach out to a care coordinator for live support.

Need to find in-person care?

Search by specialty, condition, or procedure right in the app to find in-network doctors, therapists, and facilities near you.

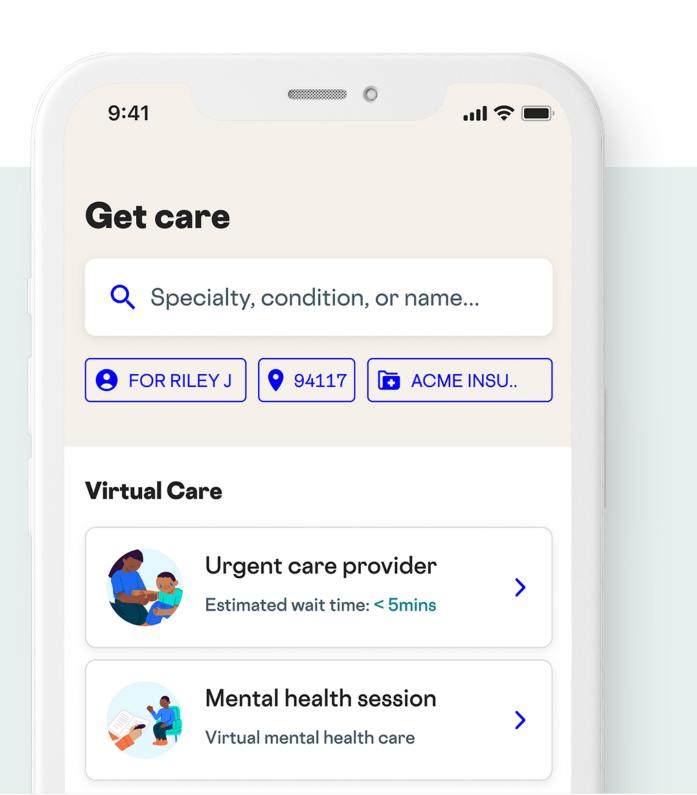
What other OneOncology benefits are available to me?

Your Included Health care coordinator has unique expertise in making sense of all your employee benefits and can connect you with the right resource.

Get started.

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Download our free app

GET IT ON